

# THE BREEZE



November 2018



## BOARD MEETING OCTOBER 30-2018

In all my 25 years in the park, this is the first time that I can remember a complete board for the first meeting of the new season, and so many homeowners in attendance too!! What an inspiring start for the new season. Next meeting is November 13<sup>th</sup>. By attending you will be kept informed as to our board's management of the park. Are you interested? See you there???

Meeting:

Board meeting was opened by President Manton, minutes from the last meeting in May were read and approved.

Treasurer reported that \$8200 (new pool heater,) \$6400 (two new golf carts), and \$11,800 (new mower) was spent over the summer, covered by reserves. Discounted bills for property taxes will be paid by the end of November.

Maintenance reports that pool deck was painted, 3 rental units were tented and major repairs on each, one rental unit was painted with help from Jerry Page & Dick Mosher, and tree trimming of large palms was completed. To keep the sports complex looking clean and neat, no dumping except for yard waste will be allowed. Also, said that there were tire tracks on Pickle Ball Court, big no-no.

Improvement report – Unit #74 to be removed this week – new one to be in for January. Unit #112 – Board approved paying for removal of Unit, to be reimbursed at sale of property.

Budget will be provided to shareholders and will be discussed at December 11<sup>th</sup> Board meeting. As was stated, big ticket items were paid by reserves, that's why it's important that we fully fund reserve accounts. Receiving interest from only 2 or 3 shareholder loans.

Four property transfers were approved.

New unit at #139 was approved over the summer but problems need to be resolved and approved by at least five board members. Park security discussed – an individual was arrested, is in jail, and due in court on November 9<sup>th</sup>. An Ad Hoc committee is being formed to look at ways to better protect our individual units. George Manton has stickers to put on your cell phone if in need of police help-check with George or the office if you'd like one.

A bequest of \$5000 was made to Southwinds from Althea Flint. Any knowledge of her relationship to the park – please let a board member know. Thank you, Ms. Flint.

By-law revisions – clean up individual pages and clarify – put on agenda for annual meeting.

I skipped over the problems with Units #274/275 so that I could address them separately. These units have been an ongoing problem for the past couple of years. The board has now taken the problem to legal counsel. Many communications to owner have been sent with no response. A lawsuit was filed on September 10<sup>th</sup> with response due by October 1<sup>st</sup>, no response given. On October 2<sup>nd</sup>, owner's attorney contacted our lawyer to ask if this matter could still be amicably resolved. Consensus of Board was to proceed to court. If our board doesn't act responsibly, actions taken now can affect future problems. We can't allow individuals to dismiss our park's rules & regulations.



**The BLUE TEAM (Units 73-101 & 149-158C) will be hosting the  
THANKSGIVING DINNER on Thursday, November 22, 2018, at 1:00 PM  
SOCIAL HOUR 12:00-1:00PM**

**Co-Chairs: Ed & Linda Bartek, Unit #77 – 412-251-6998  
Joe & Paula Buesing, Unit#84, 201-655-3542**

**Volunteers for the Blue Team will meet on Saturday, November 3<sup>rd</sup>,  
after the 9:00am Board of Directors Coffee Hour**



**CLOUD NINE**

**WELCOME BACK SALAD LUNCHEON**

**November 12, 2018 (Monday) noon to 2PM  
Open to all ladies of Southwinds**

**Bring your favorite salad to share for our buffet  
Please bring your own plate and utensils**

**No Charge**

**Hostesses: Celeste Mosher, Arlene Spears, & Peg Panetta**



## SOUTHWINDS PARK DIRECTORY

People, the 2018-2019 Southwinds Park Directory is scheduled for Mid-November publication.  
IF YOU WISH TO CHANGE, CORRECT, OR REMOVE PHONE NUMBERS, NOW IS THE TIME.  
Forms are available in the Office, Rec Hall or last year's Directory!  
If your numbers are as you wish, do nothing

**Holding a grudge is letting someone live rent free in your head**



### What It Means to Be Healthy Now

Last July, Parade Magazine & Cleveland Clinic joined forces to take the pulse of Americans' attitudes toward health today. What we learned was that people are still worried about their health—for example, 44 percent surveyed fear a loved one could get cancer and 39 percent fear they could get it themselves—but are far less worried about their weight or being “perfect”.

“When I see these results, it shows that people want to create real health—they want to be strong and feel good both mentally and physically”, says Mark Hyman, M.D., director of Cleveland Clinic Center for Functional Medicine.

Still many respondents aren’t taking steps to improve their health and are looking for guidance.

“For years Americans have heard conflicting information about diet and exercise, and many of them are so confused they have just given up,” Hyman says. “The truth is, you can’t exercise your way out of a bad diet and eating healthy doesn’t have to be complicated.”



A note from Carol Proteau in her own words.

To our Southwinds' family & friends: I want to thank you all for the cards, words of kindness and caring, Mass said in Michael's honor, donations to Diabetes and Heart Associations. All the support that is so much Southwinds. Thank you.

We are back – it's good to be here, warm weather, caring people. It's uplifting. It was a rough summer. Mom had two major falls – she is amazing at 93 - she recovered and is now at Cloner Nursing Home, taking part in activities, singing, and getting stronger. It's not ideal but it's so good for her. She is safe, gets good food, and people around her. She said, "You guys go to Florida". I said, "I'll miss you so much Mom" and she says "Carol, you'll be fine". She is something else, sense of humor, positive outlook even in difficult times. That generation is strong and amazing.

Losing my 59 years old brother was so hard. He got another ulcer on his stump – took most of the summer to heal – couldn't wear his prothesis – very hard on him. Mike had many doctor's appointments for many health problems and was not a good patient. Too much for a body to take. He had open heart surgery at age 42, was diabetic, and 15 other DX's. We loved and cared for him, but the body can only take so much. I must believe he is in a better place, no pain, and has two legs again.

Thank you all so much, you make things more tolerable and accepting. God Bless.

The Family of Carol Proteau & Larry



**Happy 59<sup>th</sup> wedding  
anniversary John and Charlotte  
Lockett, November 14th**



John & Charlotte



John, Charlotte and John Kidd

This past year has seen some changes in John's health and they have determined it would be best for them to return north. Both John & Charlotte have been an active part of our community and we will miss them. As is the usual Southwinds' tradition, much delectable food involved, quite a feast! Friends were given a chance to talk with them and wish them well on this new adventure. John was on our board for a few years and Charlotte has been active with our caring nurses doing blood pressures monthly. Trips to the casino, organized by John and Charlotte will be missed unless someone steps up to fill their shoes.



A beautiful tribute was given by Rick Jones, with a few laughs along the way. Remember the St. Patrick's Day picnic, hot dogs, sauerkraut, chips and beer, compliments of John and his leprechauns.

Tears were brought to many when John said a few words and then, with his beautiful voice, sang The Lord's Prayer. May God Bless You, John & Charlotte. You will be fondly remembered here at Southwinds.

Congratulations and Best Wishes as they celebrate their 59<sup>th</sup> Anniversary on November 14<sup>th</sup>.



Rick Jones Toasts and Roasts John and Charlotte

## NOVEMBER 2018

SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3 Homeowners Coffee hour 9am
4 Day Light Savings ENDS	5	6	7	8	9 Executive Club Meeting 9:40am	10
11 Veteran's Day	12 <b>Cloud Nine</b> <b>Salad</b> <b>Luncheon</b> <b>12 noon</b>	13 <b>BOARD</b> <b>MEETING</b> <b>9AM</b>	14	15	16	17 Rec Club Coffee Hour 9am
18	19	20	21	22 <b>Thanksgiving</b> <b>Dinner</b> <b>Social hour</b> <b>12-1pm</b> <b>Dinner</b> <b>1pm</b>	23	24
25	26	27 <b>BOARD</b> <b>MEETING</b> <b>9AM</b>	28	29	30	